

All Saints Episcopal Church

(Part of the Anglican Communion)

“Answering the call to spread Christ’s Ministry”



February 25, 2024

The Reverend Anthony C. Estes, Celebrant

The Reverend Michael A. Stutso, Deacon

11:30 a.m. – Holy Eucharist

Welcome to all, especially those visiting and returning.

We hope today’s service is a blessing to you and that you will come again and again.

Please sign our Guest Book located in the Entrance Hall.

Please join us for Fellowship/Hospitality immediately following service for a personal welcome from our members in the Chapel.

~~~~~  
**The Reverend Anthony C. Estes, Rector**

**3837 West Seven Mile Road**

**Detroit, MI 48221**

**Office: 313-341-5320**

**Fax: 313-341-5321**

**Office Hours: Tuesday, Thursday, Friday 11:00 a.m. – 3:00 p.m.**

**Email: [allsaintsdetroit@sbcglobal.net](mailto:allsaintsdetroit@sbcglobal.net)**

**Website: [allsaintsdetroit.org](http://allsaintsdetroit.org)**

**Facebook: [www.facebook.com/allsaintsdetroit](http://www.facebook.com/allsaintsdetroit)**

**Diocese of Michigan: [www.edomi.org](http://www.edomi.org)**

*According to the Book of Common Prayer, Rite II – BCP (the Red Book)  
Hymns are from Lift Every Voice and Sing II – LEV, and The Hymnal 1982 – H  
and Wonder. Love. and Praise – WLP*

**OPENING HYMNS: The God of Abraham Praise H 401**  
**Lift Every Voice and Sing LEV 1**

*The people standing.*

Celebrant: Bless the Lord who forgives all our sins.

People: **His mercy endures forever.**

*The people kneel.*

## THE DECALOGUE

*The Deacon says*

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

**Amen. Lord have mercy.**

You shall not make for yourself any idol.

**Amen. Lord have mercy.**

You shall not invoke with malice the Name of the Lord your God.

**Amen. Lord have mercy.**

Remember the Sabbath Day and keep it holy.

**Amen. Lord have mercy.**

Honor your father and your mother.

**Amen. Lord have mercy.**

You shall not commit murder.

**Amen. Lord have mercy.**

You shall not commit adultery.

**Amen. Lord have mercy.**

You shall not steal.

**Amen. Lord have mercy.**

You shall not be a false witness.

**Amen. Lord have mercy.**

You shall not covet anything that belongs to your neighbor.

**Amen. Lord have mercy.**

*The Celebrant reads the following sentences*

Jesus said, The first commandment is this: "Hear, O Israel: the Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

*The Deacon or Celebrant then says*

Let us confess our sins against God and our neighbor.

*Silence is kept.*

*Minister and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Bishop when present, or the Priest, stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*Then the people sit and sing.*

**THE SONG OF PRAISE: Lord, Have Mercy**

**LEV 236**

### **THE COLLECT OF THE DAY**

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever.

People: **Amen.**

*Please be seated for the reading of the lessons.*

## **THE LESSONS**

### **THE FIRST LESSON**

**Genesis 17:1-7, 15-16**

When Abram was ninety-nine years old, the LORD appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous." Then Abram fell on his face; and God said to him, "As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you.

God said to Abraham, "As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her."

Reader: The Word of the Lord.

People: **Thanks be to God.**

**PSALM 22:22-30 (We will read in unison.)**

- 22 Praise the LORD, you that fear him; \*  
stand in awe of him, O offspring of Israel;  
all you of Jacob's line, give glory.
- 23 For he does not despise nor abhor the poor in their poverty;  
neither does he hide his face from them; \*  
but when they cry to him he hears them.
- 24 My praise is of him in the great assembly; \*  
I will perform my vows in the presence of those who worship him.
- 25 The poor shall eat and be satisfied,  
and those who seek the LORD shall praise him: \*  
"May your heart live for ever!"
- 26 All the ends of the earth shall remember and turn to the LORD, \*  
and all the families of the nations shall bow before him.
- 27 For kingship belongs to the LORD; \*  
he rules over the nations.
- 28 To him alone all who sleep in the earth bow down in worship; \*  
all who go down to the dust fall before him.
- 29 My soul shall live for him; my descendants shall serve him; \*  
they shall be known as the LORD's for ever.
- 30 They shall come and make known to a people yet unborn \*  
the saving deeds that he has done.
- 9 All the paths of the LORD are love and faithfulness \*  
to those who keep his covenant and his testimonies.

## THE SECOND LESSON

## Romans 4:13-25

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become "the father of many nations," according to what was said, "So numerous shall your descendants be." He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith "was reckoned to him as righteousness." Now the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

Reader: The Word of the Lord.

People: **Thanks be to God.**



## THE NICENE CREED

BCP pg. 358

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.

Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate:  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshipped and glorified.  
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. **Amen.**

## THE PRAYERS OF THE PEOPLE

Jesus Christ intercedes for us at all times. Together let us remember and pray to God through Christ saying:  
Have mercy, O Lord.

For the church, that the fasting of these forty days may clear away much that is needless and so open our eyes to the bright glory of the cross, we pray: **Have mercy, O Lord.**

For the church, that those baptized at Easter will learn from us to read and ponder and cherish the scriptures, we pray:  
**Have mercy, O Lord.**

For the children of Abraham, Isaac, and Jacob, that the Jewish people may find blessing and a zeal for justice in their covenant with God, we pray: **Have mercy, O Lord.**

For all who suffer want, that God in mercy may turn our hearts toward one another and bring us to end our faithfulness reliance on weapons, war and the threat of war, we pray: **Have mercy, O Lord.**

For prisoners, that all who are bound in body may find such a strength of spirit to lift up all of us, we pray: **Have mercy, O Lord.**

For ourselves, that that this church may walk both as burdened and as free as Jesus, we pray: **Have mercy, O Lord.**

For our sick and needy, especially, **Arnie, Bianca, Calmeater, Carol T., Catherine G., Charles, Daryl, David, Deane, Delano, Dennis D., Edward G., Emmett, Eric, Funteller, Helenor, Janice, Janie, Joseph, Joyce C., Jomar, Kat, Kenneth B., Lauriant, Lena, Lenore, Lucia, Marcus R., Martha, Muriel, Nicole, Oscar, Patrick G., Pauline G., Robert W., Rosalind, Ruby, Sean, Sheila A., Valerie, Vickie, Walter, Wanda, and Willie F.**, we pray:  
**Have mercy, O Lord.**

For all who have died, that they be at peace, we pray:  
**Have mercy, O Lord.**

**Please offer your own intercessions at this time.**

For the bishops and all the leaders of the church, including: *Michael*, our Presiding Bishop; *Bonnie* our Bishop; *Moises*, Bishop of the Dominican Republic; *Elizabeth, Donald and Craig*, Bishops in the Evangelical Lutheran Church in America; *St. Andrew's*, Ann Arbor; *St. Timothy's*, Nizao, Dominican Republic; and for all the clergy and people, we pray: **Have Mercy, O Lord.**

For those celebrating birthdays this week, we pray:  
**Have mercy, O Lord.**

### **CONCLUDING COLLECT BY THE CELEBRANT**

God, whose ways are beyond our knowing or approving, place the world's troubles ever in our plain sight, and be yourself in our seeing and in our praying. We ask this always through Christ our Lord.  
**Amen.**

### **THE PEACE**

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

*Then the Ministers and People greet one another in the name of the Lord.*

## THE HOLY COMMUNION

*The Celebrant begins the Offertory saying*

### OFFERTORY SENTENCE

**BCP pg. 376**

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

For those joining us Live stream on Zoom and/or Facebook, you may donate through our website. Go to [allsaintsdetroit.org](http://allsaintsdetroit.org) and click the Giving tab and then select tithes/offerings. We thank you for your support.

### OFFERTORY HYMN: We've Come This Far by Faith LEV 208

*Please stand as you are able when the offering is presented.*

### THE DOXOLOGY:

**Tune: Old 100<sup>th</sup>**

**H 380**

Praise God from whom all blessings flow  
Praise Him, all creatures here below,  
Praise Him above, ye heavenly host:  
Praise Father, Son, and Holy Ghost. **Amen.**

### THE GREAT THANKSGIVING

#### THE EUCHARISTIC PRAYER A

**BCP pg. 361**

*The people remain standing.*

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give our thanks and praise.**

*Celebrant*

It is truly right, and good and joyful thing, always and everywhere to give thanks to you, Father Almighty, creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your name:

*Celebrant and People*

**SANCTUS**

**BCP pg. 362**

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*Please kneel as you are able.*

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them and said: "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of Faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

As our Savior Christ has taught us, we are bold to say:

### **THE LORD'S PRAYER**

**BCP pg. 364**

Our Father, which art in heaven,  
hallowed be thy Name,  
Thy kingdom come,  
Thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread.  
And forgive us our debts,  
as we forgive our debtors.

And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

### **THE BREAKING OF THE BREAD**

*The Celebrant breaks the consecrated Bread.*

*Silence is kept.*

### **FRACTION ANTHEM**

Celebrant: Christ our Passover is sacrificed for us;  
People: **Therefore let us keep the feast.**

*The Celebrant then says the following Invitation.*

The Gifts of God for the People of God.  
Take them in remembrance that Christ died for you,  
and feed on him in your hearts by faith, with thanksgiving.

**COMMUNION HYMN: Where He Leads Me**

**LEV 144**

*Celebrant: Let us pray.*

## **POSTCOMMUNION PRAYER**

**BCP pg. 365**

*Celebrant and People:*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

**Please be seated for the Welcome and Announcements.**

*In Lent, in place of a seasonal blessing, a solemn Prayer over the People is used, as follows:*

*The Deacon or, in the absence of a deacon, the Presider says*

Bow down before the Lord.

*The people kneel and the Presider says the following prayer:*

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen**

**CLOSING HYMN: O Jesus, I have Promised**

**H 655**

## **THE DISMISSAL**

Deacon: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

# **Announcements**

## **OUR MISSION STATEMENT**

At All Saints we are “Answering the call”:

***To be committed stewards of Christ’s ministry  
by strengthening our faith, serving the community,  
and spreading his love by thought, word and deed.***

\*\*\*\*\*

***Black History Presentation:  
Ethnic Celebration – Countries Flags/Attire/Foods/etc.***

\*\*\*\*\*

We are sorry to share the passing of **Mrs. Catherine Mayberry** on Tuesday, February 13<sup>th</sup>. A memorial service was held on Tuesday, February 20<sup>th</sup> at All Saints. Mrs. Mayberry was a long-time member of All Saints Episcopal Church. Please pray for her children: Marilyn M., Linda D., Robert M., III, Catherine K., Dr. Melanie M., and other members of the family.

**Stations of the Cross** each Friday from **February 23<sup>rd</sup>** through March 22<sup>nd</sup> at 6:00 p.m. All Saints Church. All are welcome.

## **Tithes and Offering Statements**

Please pick up your statements today, if you did not pick up last Sunday. Thank You, Juanita W, Stewardship Ministry.

**Pledge Boxes:** If you requested pledge boxes, please pick up your boxes from Juanita W. We will be changing some pledge numbers based on the lower number of pledge boxes ordered.

## **Mid-Week Eucharists**

All Saints is named to recognize the Bible's great matriarchs and patriarchs of faith. They are commemorated on our calendar, and those days provide opportunities for gathering and communion. Please consider joining Rev. Estes for the Eucharist on the following Thursdays at noon.

**Note:** The Eucharist is not every Thursday. The Eucharist will be during the week these special commemorations occur. If you have any questions, please get in touch with Rev. Estes.

|                   |                                                                      |
|-------------------|----------------------------------------------------------------------|
| <b>March 21st</b> | <b>St. Joseph</b>                                                    |
| <b>April 11th</b> | The Annunciation of Our Lord Jesus Christ to the Blessed Virgin Mary |
| <b>April 25th</b> | St. Mark                                                             |

## **Bible Study with Rev. Estes**

Bible Study will be paused during Lent.

**Rev. Estes contact information:** Cell phone: 313 – 505 - 9113.

Office Hours: Thursdays: 11:00 a.m. – 3:00 p.m.

Email address: [aestes@allsaintsdetroit.org](mailto:aestes@allsaintsdetroit.org)

## **Outreach Ministry - Crossroads**

We are asking members to bring non-perishable food items during this Lenten Season (February 14<sup>th</sup> thru March 31<sup>st</sup>) in support of Crossroads Food Pantry. See pages 22 - 24 for the list of food items.

## **Mutual Ministry Review**

A Mutual Ministry Review provides space for the congregation and Rector to reflect on their work together. All Members are encouraged to join Rev. Estes and the Rev. Canon Ellen Ekevag on **Sunday, April 21<sup>st</sup>**, for a congregational Mutual Ministry Review (MMR) after the worship service that day. For more information, please get in touch with Rev. Estes.

## **Open Custodian Position**

We need your help as we are seeking a part-time custodian. A copy of the job description is available on the table in the Narthex and on our website [allsaintsdetroit.org](http://allsaintsdetroit.org) You can also find it on the diocese website [edomi.org](http://edomi.org)

All applicants should submit their resume to the church office email: [allsaintsdetroit@sbcglobal.net](mailto:allsaintsdetroit@sbcglobal.net)

**Church Updates:** FYI...Please check your emails on **Thursday evenings** for any updates from the church. We appreciate your assistance so that we can keep you informed.

The Rector and The Wardens

## **Hospitality/Coffee Hour**

Please sign up to serve our hospitality/coffee hour. The sign- up book is located on the table in the Narthex. Coffee, tea, water, and condiments will be provided. You can bring your favorite treat to serve. For questions, please contact the church office.

## **Building and Grounds Committee Update**

We will begin with roof repairs and tuck pointing. Followed by interior plastering and painting repairs throughout the building. Some small repair projects will be worked on.

If you have a question, please see William P., Roger W., or Juanita W.

## **Usher Ministry**

We are seeking members to serve as Ushers. You can serve one week, two weeks or for a month at a time. If you would like to serve, please contact the church office.

Thank you, Sheila L, Chairperson

## **Prayers of the People**

If you would like to add/delete names to the prayers list, please complete a form located on the table in the Narthex or contact the church office.

**“All Saints Church Website”** [allsaintsdetroit.org](http://allsaintsdetroit.org)

We encourage you to check out our website and provide comments/feedback to us. Please share the link with family and friends to learn about our church ministries, our diocese, and the National Episcopal Church.

**“The Good News” Newsletter”**

A copy of our current newsletter is available on the table in the Narthex. If you would like a copy mailed to someone, please leave the person’s name and address along with your name in the Communications Mailbox in the church office.

Thank you, The Communications Committee

**Church Events Forms**

All church events planned and scheduled for January should be submitted to the church office today for review/approval by the vestry. Thank you.

**Recycle Ministry**

Please discard your worship bulletin in the blue bins in the Narthex near each door. Thank you for helping us care for our environment.

**No Trash Please!**

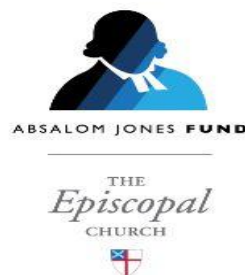
**YouTube Channel:**

Please subscribe to All Saints YouTube Channel. To meet our goal of 50+ subscribers hit the bell at:

<https://youtube.com/channel/UC93lNKglUxOImd16nvHpYHA>

# “I am looking for the Rising Generation.”

-Abraham Galloway, 1830-1870;  
slave, freedman, fighter, state senator



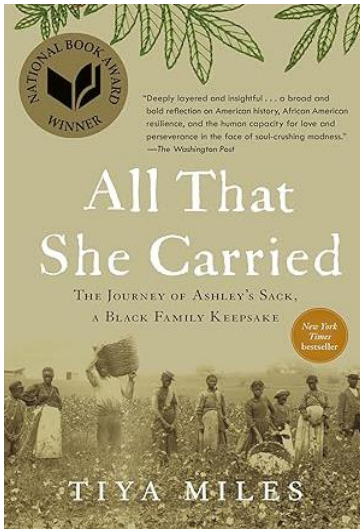
**Celebrate the Feast of Absalom Jones with a gift to  
The Episcopal Church's Absalom Jones Fund for  
Episcopal Historically Black Colleges and Universities.**

**To make a gift: Online: [iam.ec/ajf](http://iam.ec/ajf) or Call (800) 334-7626 ext. 6002**

In recognition of the Feast Day of Absalom Jones, the first Black priest ordained by The Episcopal Church, Episcopalians and others are invited to give to the [Absalom Jones Fund](#). Gifts support the work of historically Black colleges and universities (HBCUs) to cultivate and prepare diverse leaders. Jones recognized education as a key to empowerment.

**Special service:** All are invited to watch a recording of a Feb. 11 service, available [here](#) or on [YouTube](#), honoring Jones' life and ministry at the African Episcopal Church of St. Thomas in Philadelphia, Pennsylvania.

**You can write your check to All Saints Church with memo:  
Absalom Jones Fund – Black Historical Colleges.**



**Lenten Book Study**  
**Join Bishop Bonnie Perry and**  
**Sister Veronica Dunbar (Sister Vee)**  
**Wednesdays, March 6th, 13th & 20th**  
**at 7:00 p.m.**

Historian and author Tiya Miles traces the inheritance of resilience and love through generations of women by looking at the crafts, foodways and, especially, a unique embroidered sack cherished and preserved within an African American family.

March 6 - Prologue through page 90

March 13 - Pages 91-192

March 20 - Pages 193-278

**"All That She Carried"** is available as a paperback, e-book, and audiobook and is available at most local libraries.

# List of Non-Perishable for Food Banks -Non-perishable Items You Can Donate



- Canned fish
- Meat-based canned soups/stews
- Nut butters
- Bags or cans of dried beans and peas
- Whole-grain cereals
- Bags of plain rice and pasta
- Barley and quinoa
- Canned fruits
- Canned vegetables

When looking for food donations for food banks, non-perishable ones are an excellent choice. Just like what you would usually stock your pantry with, this type of food is highly recommended by food banks because they're convenient, has a long shelf life, and easy to consume.

Some foods can last for a few weeks to months, while others can even last for years. Moreover, they don't require refrigeration but must be kept cool and dry.

Non-perishable items are also essential in emergency situations, which is why they're favored by many charitable organizations. Although some items like macaroni and cheese are packed with preservatives and other unhealthy ingredients, there are still non-perishable items that are available today.

Knowing what **types of non-perishable items** are beneficial to food banks will make your donations matter more. So, don't just grab anything—check if they can help feed families and improve their health as well.

Some of the healthiest non-perishable food items are dried and canned beans, nut butters, grains, and many more.

It's important to note that food banks can purchase fresh meats, eggs, butter, bread, fruits, and vegetables to include in their food bags. They will also mix these **foods with non-perishable items** to help families get by for a week or even more.

The good news is, there are now many non-perishable items you can get today. A rule of thumb when *making food donations* is to ensure that you're getting nutritious ones. Even though some foods are canned doesn't mean they're not nutritious. In fact, you will be surprised that some are even more nutritious than fresh ones.

With that, it's essential to read what's on the label because only then will you be able to know if you're getting the good stuff. Consider the families that will eat the foods; most of them are out of jobs and are struggling to make ends meet. It's likely that they're not able to consume enough nutrients, while others don't get to eat at all.

Therefore, **providing nutritious foods** will help them build their health for the better.



### **Health, work update on Presiding Bishop Michael Curry**

Presiding Bishop Michael Curry continues to recuperate at home following his [Jan. 18 procedure](#) to address reoccurring subdural hematomas. His medical team will continue monitoring him to thoroughly assess his progress.

For the time being, Bishop Curry will be keeping a modified work schedule of light-duty tasks, and he will not be traveling.

To ensure the continued dispatch of his duties, Bishop Curry has authorized Vice President of the House of Bishops Mary Gray-Reeves to carry out a number of his ecclesiastical duties—including matters involving the House of Bishops, General Convention, consecrations, and Title IV—until he is able to resume his full work schedule.

Please continue to hold Bishop Curry, his family, and his medical team in your prayers.

## LAY MINISTERS

|                               |                                     |
|-------------------------------|-------------------------------------|
| <b>LECTORS:</b>               | Allison P./Matthew D.               |
| <b>EUCHARISTIC MINISTER:</b>  | Juanita W.                          |
| <b>PRAYERS OF THE PEOPLE:</b> | Devin D.                            |
| <b>VERGER:</b>                | Roger W.                            |
| <b>USHERS:</b>                | Sheila L/Patrick L.                 |
| <b>ALTAR GUILD:</b>           | Members                             |
| <b>COUNTERS:</b>              | William P.                          |
| <b>TECH MINISTRY:</b>         | Dennis B., Jr. /Alan P./Francine P. |
| <b>WELCOME/ANNOUNCEMENTS:</b> | The Wardens                         |

### ALL SAINTS CHURCH VESTRY MEMBERS

|                                                                                                                                                                    |                                                                                                                                                |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Marci F., Sr. Warden<br/>         Alan P., Jr. Warden<br/>         Allison P., Vestry Clerk</p> <p>*James Brooks, Treasurer<br/>         *Non-Vestry Member</p> | <p>Joanna G.<br/>         Loraine G.<br/>         Sylvia N.<br/>         William (Bill) P.<br/>         Lawrence P.<br/>         Linval W.</p> |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|

**When contributing by check to our ministries:**  
 [Clergy Discretionary Fund, Clergy Fund, Crossroads,  
 Forgotten Harvest, Episcopal Relief & Development, or  
 undesignated Outreach Ministry Fund]  
*Make checks payable to: All Saints Episcopal Church*  
 (Note in memo the name of the fund.)

**Lessons for The Third Sunday in Lent**  
**March 3, 2024**

**First Lesson: Exodus 20:1-17**  
**The Appointed Psalm 19**

**The Second Lesson: 1 Corinthians 1:18-25**  
**The Gospel: John 2:13-22**

**The Rev. Anthony C. Estes, Celebrant**



# 2024

| Sun.                                                                                            | Mon.                   | Tues                                            | Wed.                                           | Thur                                                                                                                           | Fri.                                                                                           | Sat.                    |
|-------------------------------------------------------------------------------------------------|------------------------|-------------------------------------------------|------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------|
|                                                                                                 |                        |                                                 |                                                | 1<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m.<br>Bible Study<br>5:30 p.m.                                                     | 2<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m.                                                 | 3                       |
| 4<br>11:30 a.m.<br>Worship<br>Service<br><br>Vestry Board<br>Meeting –<br>3:00 p.m. via<br>Zoom | 5<br>OFFICE<br>CLOSED  | 6<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m.  | 7<br>OFFICE<br>CLOSED                          | 8<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m.<br><br>Bible Study<br>5:30 p.m.                                                 | 9<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m.                                                 | 10                      |
| 11<br>11:30 a.m.<br>Morning Prayer                                                              | 12<br>OFFICE<br>CLOSED | 13<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m. | 14<br>OFFICE<br>CLOSED<br><br>Ash Wed.<br>Noon | 15<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m.<br><br>Bible Study<br>5:30 p.m.<br>Paused                                      | 16<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m.                                                | 17                      |
| 18<br>11:30 a.m.<br>Worship<br>Service<br><br>Commissioning<br>of The Vestry                    | 19<br>OFFICE<br>CLOSED | 20<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m. | 21<br>OFFICE<br>CLOSED                         | 22<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m.<br><br>Mid –Week<br>Eucharist - Noon<br><br>Bible Study<br>5:30 p.m.<br>Paused | 23<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m.<br><br>Stations of the<br>Cross –<br>6:00 p.m. | 24<br>Vestry<br>Retreat |
| 25<br>11:30 a.m.<br>Worship<br>Service                                                          | 26<br>OFFICE<br>CLOSED | 27<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m. | 28<br>OFFICE<br>CLOSED                         | 29<br>Office Hours<br>11:00 a.m. –<br>3:00 p.m.<br><br>Bible Study<br>5:30 p.m.<br>Paused                                      |                                                                                                |                         |

**February 25, 2024**

***Ethnic Celebration –  
Countries Flags/Attire/Foods/etc.***

